

CNW II

Competency	Knowledge and Skills	Performance Expected	Target Date	Comments	Date Completed
1. Principles of life-cycle nutrition: Understands normal nutrition issues for pregnancy, lactation, the postpartum period, infancy, and early childhood.	<p><i>In addition to knowledge and skills of CNWI.</i></p> <p>Knowledge of:</p> <p>Nutrition requirements and dietary recommendations for women, infants, and children served by WIC.</p> <p>Relevant evidence-based recommendations published by the American Academy of Pediatrics, the American Dietetic Association, American College of Obstetrics and Gynecology, and the International Lactation Consultant Association.</p> <p>The basic physiology of lactation and evidence-based techniques for lactation management.</p>	<p><i>In addition to performance expected of CNW I:</i></p> <p>Selects nutrition education materials</p> <p>Successfully completes CBC or equivalent breastfeeding course.</p>			
2. Nutrition assessment process: Understands the WIC nutrition assessment process, including risk assignment and documentation.	<p>Knowledge of:</p> <p>Other available services in the community.</p>	<p>Successfully completes LMS courses as they become available.</p>			
3. Anthropometric and hematological data collection techniques: Understands the importance of using appropriate	<p>Knowledge of:</p> <p>Relevance of anthropometric data to health and nutrition status.</p> <p>Relationship of hematological parameters to health and nutrition status</p>	<p>Conducts quality assurance activities on laboratory results and record keeping procedures</p>			

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measurement techniques to collect anthropometric and hematological data.					
4. Communication: Knows how to develop rapport and foster open communication with participants and caretakers.	<p>Knowledge of:</p> <p>The principles of effective communication to collect nutrition assessment information.</p> <p>USDA and State agency policies about participant confidentiality.</p>	<p>Answers more complex questions and resolves more complex complaints from applicants.</p> <p>Conducts group sessions and discussions.</p>			
5. Multicultural awareness: Understands how socio-cultural issues affect nutrition and health practices and nutrition-related health problems.					
6. Critical thinking: Knows how to synthesize and analyze data to draw appropriate conclusions.		<p>Answers questions regarding departmental policies</p> <p>Acts as mentor to CNW I's</p> <p>Sets example for excellent customer service.</p> <p>Other duties as assigned.</p>			